

**APRIL 2024**

## Staffordshire Moorlands Family Hub

Staffordshire Moorlands Family Hub,  
Albert Street, Biddulph, ST8 6DT

All Saints (CE) V First School, Kids Club  
Room, Cheadle Road, Leek, ST13 5QY

Kingsfield First School ST8 6AY  
Oxhey First School, SY8 7EB

Home-Start Staffordshire Moorlands, Earl  
Street, Leek, ST13 6TJ

Beresford Family Hub, ST13 6NR  
St Giles The Abbott Cheadle ST10 1HU

Waterhouses Methodist Chapel, Leek  
Road, Waterhouses, ST10 3HN

Kingsley Holt Centre ST10 2BQ

**FPC = Children's  
Centre Free Pass Card  
Accepted up to a value of £5  
per participating session**

 **Staffordshire  
County Council**

**MONDAY**

**Little Doves Under 5s  
Playgroup FPC**  
**Waterhouses Methodist Chapel,  
ST10 3HN**  
Fun & Friendly baby & toddler  
group. Free play, craft, dancing  
and bubbles!  
Drop In 9.15AM - 11.00AM  
0-5 years £2.00 per family  
For details go to @Little Doves  
Under 5s Playgroup Waterhouses

**Craft & Play**  
**St Giles The Abbott Cheadle  
ST10 1HU**  
Come and join us for a morning of  
crafts and play. Suitable for Pre-  
school children with parents/  
carers.  
10:15AM- 11:45AM  
FREE - TERM TIME ONLY  
Tel: 01538 387231

**Breastfeeding Support Group**  
**Staffordshire Moorlands Family  
Hub, ST8 6DT**  
Parent Led Support Group. A  
chance for mums to meet other  
mums. Refreshments provided.  
FREE  
10:00AM-11:30AM  
Call 01782 297970 for details

**Busy Little Bees  
Craft & Play**  
**\*\*Starts 15th April\*\***  
**Staffordshire Moorlands Family  
Hub, ST8 6DT**  
An interactive themed session  
each week for parents and carers  
with little ones aged 0-4 years.  
1:30PM-2:30PM  
FREE-DROP IN SO NO NEED TO  
BOOK  
For details call: 01782 297970

**MONDAY**

**Chat & Play**  
**Home-Start Staffordshire  
Moorlands ST13 6JT**  
Free Group Play for parents and  
carers of children with additional  
or emerging needs  
Suitable for Pre-school children.  
10:00AM- 11:30AM  
FREE - TERM TIME ONLY  
Tel: 01538 387231

**TUESDAY**

**Childminders Networking  
Group**  
**Staffordshire Moorlands Family  
Hub, ST8 6DT**  
A group for local childminders and  
their minded children to meet up  
and play.  
9:30AM - 11:30AM 0-5 years  
FREE  
Tel: 01782 297970

**Little Stars Childcare Stay and  
Play FPC**  
**Beresford Family Hub, ST13  
6NR**  
For parents and carers with  
children aged 0-4 years. Morning  
snack for the little ones and hot  
drinks for the grown ups. Lots of  
activities, support and advice.  
9:15am-11:15am  
£2.00 per child (50p per additional  
sibling)  
Drop in so no need to book

**TUESDAY**

**Little Feet Gymnastics FPC**  
**Staffordshire Moorlands Family  
Hub, ST8 6DT**  
Semi structured gymnastics class  
for confident walkers upwards  
10:00AM - 10:45AM  
£5.50 per session  
To book a place and for more  
information contact Jodie on  
littlefeetgymnastics@yahoo.com or  
call 07793063393

**Craft & Play**  
**Home-Start Staffordshire  
Moorlands ST13 6JT**  
Come and join us for a morning of  
crafts and play. Suitable for Pre-  
school children with parents/  
carers.  
10:00AM- 11:30AM  
FREE - TERM TIME ONLY  
Tel: 01538 387231



**Yogi Dots FPC**  
**Staffordshire Moorlands Family  
Hub, ST8 6DT**  
Baby Massage and Mum and Baby  
Yoga.  
1:00-PM - Baby Massage  
2:-00PM Mum and Baby Yoga  
£30 for a 5 week course  
Tel: 07791 411725

## TUESDAY

### Back 2 Basics Staffordshire Moorlands Family Hub, ST8 6DT

**\*Starts 16th April\*\***

A structured themed session for parents and carers with little ones aged 0-4 years

1:30PM—2:30PM

FREE—DROP IN SO NO NEED TO BOOK

For details call: 01782 297970

## WEDNESDAY

### Toddler Stay & Play Kingsfield First School ST8 6AY

Crafts, Messy Play, Stories and Singing. Different nursery rhymes each week with a chance to get to know the staff at Kingsfield First School.

9:00AM—10:00AM

£2.00 PER CHILD

For details call: 01782 973800



### Endon Little Learners

Endon Village Hall Play and Learn session

9:30am—11:30am

0-5 years

Voluntary donation of £2.50 and 50p per additional child

Tel: Kate on 07921 253749

## WEDNESDAY

### Peter Pan SEND Stay and Play FPC

Staffordshire Moorlands Family Hub, ST8 6DT

**\*\*STARTS 17TH APRIL\*\***

Play and Learn in a safe and secure environment. Receive advice and support from our early years SEND experts. Meet other families and share experiences. running every other week. Please note that this session is open to Staffordshire Local Authority families only Please also note that booking is essential.

10:00AM—12NOON (Fortnightly)

£5.00 per session

For booking

email:familysupport@thepeterpancentre.co.uk



### From Pram to Primary (0-11yrs)

Cheadle Fire Station ST10 1HF

Are you struggling with your child's behaviour; mealtimes and bedtimes becoming a challenge?

If your child is aged between 0-11 years, then this programme could be for you.

9:30AM - 11:30AM FREE

**\*\*BOOKING ESSENTIAL\*\***

Email: Groupwork@staffordshire.gov.uk

Or call Carol 01782 297970

## WEDNESDAY

### Craft & Play Home-Start Staffordshire Moorlands ST13 6JT

Come and join us for a morning of crafts and play. Suitable for Pre-school children with parents/carers.

10:00AM— 11:30AM

FREE - TERM TIME ONLY

Tel: 01538 38723

### Finding Hope in Finance Staffordshire Moorlands Family Hub, ST8 6DT

Come along and meet our Family Hub Coach for financial advice and much more

DROP IN so no need to book

FREE - Fortnightly

10:00am—12:00noon

For enquiries call 01782 297970

### Simply Play Babies Staffordshire Moorlands Family Hub, ST8 6DT

Spend time with your baby, have fun and try out lots of different activities and learn about your babies development. 10 week course.

1:00PM—3:00PM

FREE 0-12 months

**\*\*BOOKING ESSENTIAL\*\***

Email:

Groupwork@staffordshire.gov.uk

Or call Carol 01782 297970



## THURSDAY

### Craft & Play Kingsley Holt Centre ST10 2BQ

Come and join us for a morning of crafts and play. Suitable for Pre-school children with parents/carers.

10:00AM— 11:30AM

FREE - TERM TIME ONLY

Tel: 01538 387231

### Simply Play All Saints Kids Club ST13 5QY

Spend time with your toddler, have fun and try out lots of different activities and learn about child development. 10 week course.

10:00am—12noon

FREE 12 months +

**\*\*BOOKING ESSENTIAL\*\***

Email:

Groupwork@staffordshire.gov.uk

Or call Carol 01782 297970

Do you know about our free pass?  
You may be eligible to attend some of our **sessions for FREE!!**

For more information please call our friendly team on 01782 297970



Certain criteria apply

## FRIDAY

### Little Stars Childcare Stay and Play FPC

**Beresford Family Hub, ST13 6NR**

For parents and carers with children aged 0-4 years. Morning snack for the little ones and hot drinks for the grown ups. Lots of activities, support and advice. 9:15am-11:15am  
£2.00 per child (50p per additional sibling)  
Drop in so no need to book

### Wake Up Shake Up Breakfast Club

**Staffordshire Moorlands Family Hub, ST8 6DT**

Stay and Play includes Breakfast. For parents and carers with little ones aged 0-4 years. Fun and friendly group with lots of toys and soft play 9.30am-11:00am  
FREE  
For details call 01782 297970

### Childminders Networking Group

**Staffordshire Moorlands Family Hub, ST8 6DT**

A group for local childminders and their minded children to meet up and play.  
9:30AM - 11:30AM 0-5 years  
FREE  
Tel: 01782 297970

## FRIDAY

### Play and Learn

**Oxhey First School ST8 7EB**

Make Friends and have fun with a different nature theme each week. Includes a drink for adults and children with toast and a biscuit too!

9:45am-11:00am

£2.00 donation

For details and to book your place call 01782 513000



Children's and Women's vitamins are now available to buy from your local Children's Centre



Ask staff for details  
£2.00 CHILDRENS VITAMINS  
£1.15 VITAMINS FOR WOMEN  
OR SIGN UP TO THE HEALTHY START SCHEME WHERE YOU MAYBE ELIGIBLE FOR FREE!

SCAN THE QR CODE FOR DETAILS OR SEARCH HEALTHY START

If you need to speak to a Health Visitor please call the Hub on 0300 303 3923



## FRIDAY

### Boogie Mites Music and Movement FPC

**All Saints Kids Club Room**

An interactive music and movement session for children age Birth to 5 years accompanied by an adult. Boogie Mites aims to teach in a fun and enjoyable way with both child and parent/carer having fun together.

Theme changes monthly

### Boogie Mites (Mitities)

9:30AM - 10:15AM

18 months +

### Boogie Mites (Teenies)

10:30AM - 11:15AM

Suitable from crawling-18mths

### Boogie Mites (Babies)

11:30AM - 12:15PM

Suitable from birth to crawling

£30 for a 6 week course **FPC**

Email: Paula [https://](https://bookwhen.com/boogiemitesnorthstaffs)

[bookwhen.com/boogiemitesnorthstaffs](https://bookwhen.com/boogiemitesnorthstaffs)

### Leek Breastfeeding Group

**Homestart Staffordshire Moorlands ST13 6JT**

A parent-led breastfeeding support group. A relaxed and friendly environment within which to discuss issues and develop confidence.

1.00PM - 2.30PM 0 - 5 years

FREE

Facebook: @leekbreastfeeding

Tel: 01782 297970

# Sensory Room

A Sensory Room is a special, peaceful place that has a range of stimulating equipment that provides an environment that enhances both learning and relaxation for babies and children. Please feel free to hire our room on your own or bring along family or friends.

Our room holds 4 and includes bubble tubes, specialised lighting, projector images, stimulating toys, fibre optics and much more.

£2.50 per hour

Staffordshire Moorlands Family Hub

Biddulph ST8 6DT  
Tel: 01782 297 970

The Sensory Room is available Monday to Friday 9.00am - 16.00pm  
The room holds a maximum of 4

Please visit our Facebook page to find a full description of the sessions

**'Staffordshire Moorlands Children's Centre'**



## SUPPORT FOR YOU AND YOUR FAMILY IN STAFFORDSHIRE MOORLANDS

### Healthy Start Vouchers

Are you pregnant or have children under four? You may qualify for the Healthy Start voucher scheme to help you buy food, milk and vitamins.



## Staffordshire County Council FAMILY HUB VOLUNTEER PROGRAMME



Do you have a few hours to spare each week? Would you like to come and volunteer in your local Children's Centre? We have opportunities for volunteers to come and support our delivery across the Staffordshire county. If you would like to find out more please contact Debbie Burgess or scan the QR code below to apply now

Call 07704 798133 Email [debbie.burgess@staffordshire.gov.uk](mailto:debbie.burgess@staffordshire.gov.uk)



## Family Action

Staffordshire Family Support and Outreach Service

Providing support for children and young people from 0-19 years and up to 25 years for those with Special Educational Needs and Disabilities

**Telephone**  
**Newcastle & Staffordshire Moorlands**  
01782 228963  
Email: [Staffordshire@family-action.org.uk](mailto:Staffordshire@family-action.org.uk)  
Web: [www.family-action.org.uk](http://www.family-action.org.uk)

Staffordshire Moorlands has a wealth of support for you and your family. Please visit Staffordshire Connects for more details



## HUNGRY LITTLE MINDS

Sign up to Hungry Little Minds Staffordshire and Stoke on Trent for free and you will get 2 emails a month showing you how you can help your baby's brain develop, support with activities and check to see when your baby's health checks are due.



## FAMILY HUBS



We've created a hub for families in Staffordshire. To keep them happy, healthy and safe.

We can answer your questions and help you find support and share ideas.

We also have some fantastic projects to share with you from cooking with the family on a budget, being creative with craft activities to setting up some exciting play opportunities with our Community Crates Fun activities.



Click on the QR code to take you to our Family Hub page for more details.



## Mum to be? Quit for me!



### Help your baby by stopping smoking.

**Smoking in pregnancy:**

- reduces the oxygen getting to your baby
- increases the risk of miscarriage, stillbirth and cot death

**We offer:**

- 12 weeks of support tailored to your needs
- Free nicotine replacement therapy

**We can help:**

- If you live in Staffordshire\*
- If you smoke tobacco products
- If you are pregnant, or have had a pregnancy within the last 6 months
- If you live with someone who is pregnant, or has had a pregnancy within the last 6 months

**What do I do now?**  
Visit: [staffordshire.everyonehealth.co.uk](http://staffordshire.everyonehealth.co.uk)  
Email: [eh.staffs@nhs.net](mailto:eh.staffs@nhs.net)  
Tel: 0333 005 0095



Connecting you with help and support in your community.



## Visit the new Staffordshire SEND Local Offer (Special Educational Needs and Disability)

[www.staffordshireconnects.info](http://www.staffordshireconnects.info)

For children and young people aged 0-25 years

The best place to go to find information about SEND support in Staffordshire.

- Early years and childcare
- Education
- Social Care
- Health and Wellness
- Travel and transport
- Places to go, things to do
- Preparing for adulthood
- Money Matters
- Extra Help available to children, families and settings
- Information and support including support groups and organisations
- Policy information, referral mechanisms, forms and templates

Email: [localoffer@staffordshire.gov.uk](mailto:localoffer@staffordshire.gov.uk)

